from the chair

The issues attracting our attention and energy as we enter 2009 still centre on the visibility and future prosperity of the BPA. The Executive has debated at length the recommendations of the Strategic Development Group led by Joe McEvoy. All aspects of the plan outlined in the last ‘From the Chair’ (November 2008) are pertinent and the executive is focusing particularly on pursuing The Training Organisations’ partnerships with Universities. The achievement of full Masters degree training as psychotherapists would put the BPA on a par with a large number of other psychotherapy trainings in UKCP.

The Accreditation committee has met with Huw Richards from the University of Worcester. The initial feasibility study for partnership potential is with OSPIP (the new name for the Oxford Psychodrama Group – meaning Oxford School of Psychodrama and Integrative Psychotherapy). If this is successful, the other Training Organisations can choose to enter the process to achieve a similar arrangement with Worcester. Alternatively there is the opportunity for other Training Organisations to make their own arrangements. The Northern School, for instance, is in communication with the University of Strathclyde. One of the important things to realise is that all Psychodrama diploma graduates will be able to upgrade their qualifications to Masters level from whichever organisation they have graduated. The process with Worcester is on-going, delicate but hopeful.

As preparation for raising the profile of the BPA, Eve White has been recruiting BPA representatives in five broad areas to liaise with practitioners in their areas about the work they are doing. This is a way of keeping in touch with Psychodrama/Sociodrama and Action Methods at a grass roots level with a view to publicising what we do to a wider audience.

Crucial to this wider audience was the executive decision to outsource the management of the BPA website to make it professionally vibrant and attractive. The executive have decided to use Perceptis who have been managing the website of the Birmingham Institute of Psychodrama and more recently OSPIP. The starting outlay is significant but the decision is vital for our growth and development. Once created, the ongoing management charge is modest. The site, which will be operational by the time you read this, will include such features as:

- General information about the BPA
- What is Psychodrama/Sociodrama
- Find a Therapist
- Find a Sociodramatist
- Events calendar
- Resources for members

Thanks to Anna Chesner and Sheila Foxgold for their drive and commitment to see this initiative through to completion.

(cont. on page 2)
The Conference 2009 in Glasgow on 26th – 28th June is being organised by Celia Scanlan and her team of Theresa Brown, Michael Forrester, Ian Gidley and Sandra Grieve. As the Conference brochure shows, they have attracted a varied and imaginative programme to both stimulate our creativity and enable us to socially inter-link with our fellow practitioners. I hope the local therapeutic community can be attracted in a similar way to that achieved by Carl Dutton and his team in Liverpool. Please be encouraged to book as early as possible for this, the BPA’s flagship event of the year.

The Conference in 2010 is to be held at the Royal Agricultural College in Cirencester at the end of June. No other conferences have been identified. Are there any potential conference organisers in areas of the country not normally graced by our presence – Wales, London, East Anglia, Cornwall?

On an optimistic note from a training point of view, there are signs in both Psychodrama and Sociodrama worlds that there is an increase in those attending workshops and entering training. SAM attracts healthy numbers and reports from BIP suggest a growing base from which trainees will emerge.

I have been much encouraged by the quality of executive debate around the issues of strategic development and university partnership. There have been difficult issues to reflect on but the cause of what is best for Psychodrama/Sociodrama in the UK has never been lost. The big picture has stayed paramount in our thinking.

Jonathan Salisbury

An Open Session with Marcia Karp for the London Psychodrama Network

Maxine Daniels writes from London

It’s Friday 27th February around 6.45 pm and I’m in the Lancaster Hall Hotel in central London waiting for another open evening of psychodrama. The room is very atmospheric with low lights, a stage at one end, people are sitting and standing with a buzz in the air as we wait for the session to begin.

I’m feeling excited about the event because I’m one of the members of London Psychodrama Network who is trying to promote psychodrama and make it more visible in London. We’re doing a good job to date and this evening we have 30 paying guests, who pay £10 for a 2 and half hour session, plus 8 psychodramatists who come along to support. Marcia Karp is the guest director and people are always keen to see her work, including myself.

She looks great. So confident, calm and warm to the process, she begins by asking one of the audience members if she has ever had a standing ovation in her life. The woman slightly bemused answers ‘No’ with this Marcia asks the room to stand up and give this woman a standing ovation. It feels quite magical, and this continues with 2 other audience members. I can see the delight on their faces and all the while Marcia is aware of the audience by asking names, professions and making connections with the individuals who have attended. It really is watching a Master at work and very impressive as it looks so easy and fluid. She tells us stories about Moreno and his theories whilst asking questions and relating to the audience. She talks about Moreno’s theory of ‘Compulsive Conformity’, a term he used, meaning that people grow up afraid to be different.

Important Message from the Accreditation Committee

During 2009, a disciplinary hearing is being held at the HPC (Health Professions Council). This does not involve a member of the BPA, but may have repercussions for us and psychodrama.

It has therefore been decided that there will be a spokesperson to represent the views of the BPA should this be necessary. The person who will hold this role is Susie Taylor.

If you are approached to make any public/press statements relating to this matter, please refer all enquiries to Susie on 01527 873 822 or dikkta@aol.com

Accreditation Committee
October 2008
Darling Marcia,

So who doesn’t know about getting books from Amazon? Anyway, there’s something else I want to tell you. You can pass on the following to TELE if you see fit.

I seem to be living out ‘Who Shall Survive?’ because, approaching my 92nd birthday and aware of how many there were in our psychodrama community from Beacon and elsewhere, I have indeed survived. Is there anyone else out there still here who was born in 1917?

I am thinking about what pleases me most about all those years is that, but for the restriction on mobility, and how air travel is less appealing these days, I’d still be out there, working around the globe. For me, it is the worst aspect of the additional years. Apart from that and missing so many good people, the holes in my social atom, I applaud France’s little sparrow, Piaf, “Non, je ne regrette rien.”

But what an idiotic way to celebrate the turn of the century by falling on the street in Riga. My first thought was: “I could have prevented this”. What hubris to think I was that powerful. Eight years and five operations on the right hip later, I know better. Yet it took a patient psychodrama with Jeanne Burger and Kate Hudgins not long after the fact to help me let go of that fixation.

Now I am enjoying a never before known sentiment, though enjoying is odd because the sentiment is Envy. There really was very little in my life to make me envious, but there is now and here’s why. Reading the latest issue of TELE, it is stimulated by all the fantastic things being reported on, the steady growth of training centres, the opportunities for training, the international, intercultural and global outreach, and the courage people have to do all this because of faith in the work. They are all simply formidable. My mouth waters just to read about those achievements. So I’m envious of all those who are involved - teachers, students and newcomers. I just wish I could be there.

I can imagine J L smiling from ear to ear, and saying: “Marcia, you’re a genius.”

After all, was it not you who taught Ken? And then the two of you went ahead and spearheaded all this? Shouldn’t you be dancing?

I love you very much.

Zerka
TELE

BPA Conference 2009 in Glasgow

Friday 26th – Sunday 28th June 2009
‘Dreams, Myths, and Reality - Psychotherapy and Social Change’

Our Workshop Programme
This year we have challenged some well-established cultural conserves. The AGM is now on Friday afternoon, and we have put in an extra workshop session on Saturday. Please book early to get your workshop choices, and note that we may not be able to accommodate late changes due to the need to match workshops with venues.

The timetable is fairly packed, but we hope that it offers a good variety of both intellectual and experiential stimulation, as well as value for money. Feel free to opt out of parts of the programme if you would like to visit the city, but please make sure you are not expected at a workshop. Alternatively, stay on and visit the many museums and art galleries that have a home in Glasgow.

The Venue
Strathclyde University have made two buildings available for our use: the Anderson and Colville Buildings. They are between Cathedral Street and George Street in the centre of Glasgow. All of the workshops will be here.

Workshop Selection
We ask you to make your workshop selection at the time of booking. You will see that this year we are offering a fourth set of workshops. The consequence of this is that we have not created a space for an organised trip, but we hope you will find many short breaks for socialising and networking. You will find, however, that there are many sights of interest in the neighbourhood, and open top tour buses leaving regularly from George Square.

Opening & Closing Plenaries
The opening plenary will be facilitated by Maurizio Gasseau, an Italian Jungian psychodramatist. He will set the scene of Dreams, Myths & Reality. Maurizio will also facilitate the closure with a session of Dreaming in the Social Matrix.

Saturday Night
The conference dinner will start at 8pm; this will allow time for pre-dinner drinks in the adjacent Lord Todd Bar, and also a celebration of individual and group achievements. Remember to bring your dancing shoes, as we will Ceilidh to ‘The Clackies’ until midnight.

Bookshop
A bookstall will be available.

Poster Presentations
You are invited to provide a poster presentation of an aspect of your work. Send details including your abstract by email to Celia Scanlan: c.drama@ntlworld.com

Auction in support of the Michael Watson Trust
By popular demand, Susie Taylor and Peter Haworth return as our guest auctioneers on Friday evening in the Lord Todd Bar. Please bring items, large or small, for auctioning and remember deep pockets.

Bookings:
All bookings are made through James Scanlan, the BPA Administrator. Bookings details are available on: www.psychodrama.org.uk. Full residential places cost £360 for members and £405 for non-members, including all meals. Please make cheques payable to the ‘British Psychodrama Association’.

The Conference Committee are:
Celia Scanlan, Teresa Brown, Sandra Grieve, Mike Forrester, Ian Gidley

We look forward to meeting you.

Related websites:
www.strath.ac.uk
www.glasgowguide.co.uk
www.virgintrains.co.uk
www.ryanair.com
www.easyjet.com
www.flybmi.com
Profile of Graham Prior

The editor asked Graham Prior in Manchester to describe his work.

Well, I started originally working as a Chartered Surveyor. Then the recession came along in the 1990’s and it was a time for a change of direction. I entered training as a mental health nurse. I now work as a Community Mental Health Nurse in Manchester and much has happened along the way.

My first experience of psychodrama was with Ali Simmons in Bristol. At the time, a half-day of experiential psychodrama was part of the nursing course and students were encouraged to go to additional weekend workshops. I still remember the impact the work had within the student group although looking back the scope of the sessions allowed little more than psychodramatic warm ups. I think this early experience now informs my practice when working with people new to the method. Later, the course became university-based and psychodrama was lost from the curriculum.

I chose my first job in nursing in a unit in London with a long history of offering treatment in therapy groups. This allowed me the opportunity to undertake training at an introductory level in group and individual psychoanalytic psychotherapy within my role as a Registered Mental Nurse, working in a specialist personality disorder service.

Then I went to the North West where a new National Health Service democratic therapeutic community was being established. The community was for up to 29 people diagnosed with personality disorder. A psychodrama group was an integral part of the community therapeutic programme. Based on my previous personal experience of psychodrama, I requested to work within this group and continued to do so, twice each week, between 2000 and 2004.

Whilst working in the therapeutic community, I initially attended some weekend workshops in psychodrama through the Northern School of Psychodrama. A few years later I studied for the Certificate to become a trained auxiliary. However, after completing the Certificate, I didn’t feel I wanted to finish my training at that level so I studied for the Diploma with Northern School of Psychodrama and in 2007, I qualified as a psychodrama practitioner.

In 2004, the therapeutic community closed and it was time for another change. I joined a Community Mental Health Team within the NHS in Greater Manchester as a CPN. There was an enthusiasm from managers about my proposal to run a psychodrama group as my long-term training group. I developed the “Life Skills and Relationships Group” working with clients with anxiety and depression of a severe and enduring nature. The group ran for nearly two years and was carefully structured to fit within the structures of National Health Service secondary mental health services. I worked alongside a co-facilitator who had a psychotherapy qualification and extensive group experience. To get the group established, we explained to all the Care Coordinators within the different CMHTs within the area the purpose and remit of the group. Sufficient referrals came soon afterwards. I was supervised by a psychodramatist working in the same Trust and we ensured that the group complied with the Trust’s policy on risk management and worked within the Care Programme Approach. Moreover, I devised assessment tools for the group members to measure their own progress. Significant changes were evident during the life of the group.

In 2007 I published a research paper which investigated the views of managers, other staff and service users in connection with aspects of user involvement within the therapeutic community I had worked in. This was published in the International Journal of Therapeutic Communities.

I have been a member of North West Psychodrama Association since 2006, a group of peers in the North West meeting every 2 months in Liverpool. I have found the NWPA an invaluable link to other psychodramatists since finishing my training and I would encourage anyone in the area in the final year of training or already a practitioner of psychodrama to join us. As a part of this group, I joined the BPA organising conference committee for Liverpool in 2008, “The Pool of Life”. The highlight of the 2008 conference for me was co-facilitating the closing plenary with Zoli Figusch and the spontaneous action that emerged from the 120 people present with a room full of music, dance, and drama. The NWPA is now organising a further one-day conference in Liverpool on November 6th 2009 with the theme of creative therapies in services. Moreover I have been writing book reviews for the BPA Journal in recent years.

Continued on Page 6...
Thinking now of my non-clinical practice, I am involved in the recent setting up of the Manchester Theatre of Spontaneity. A group of seven psychodrama practitioners have got together to offer experiential open sessions using creative actions methods and allied applied theatre techniques. We had over 30 people come along to our first public event in February. The theme was ‘the Living Newspaper’ and we had almost everyone on the stage at one point. The second event in March was also well attended and incorporated aspects of playback theatre and psychodrama. The evenings are being held in the John Thaw Studio Theatre at the University of Manchester. We intend to hold 5 sessions and then review it. We have a director and also a co-director for each event.

I was recently invited to consider joining the BPA Professional Conduct Committee and I have now taken up this offer. I have also recently had an induction to the work of the BPA Training Organisation Accreditation Sub-Committee. It’s early days still on this sub-committee and I expect to learn from this experience.

What do I see as the future for psychodrama?

I would like psychodrama to be more widely recognised and to use the method more within my professional life. I would like it understood how adaptable and effective it can be.

Graham Prior
supported by Richard Oliver

Margaret Bird considers climate change. Is it time to panic or can we respond in a different way?

Changing the Climate - Moving into Action

Waking Up and freaking out
We see a house on fire. We gasp, shocked – then freeze for a moment, taking in the enormity of the crisis. But then we need to act.

Climate change is difficult to see. For many of us, there is no blazing house in front of our eyes. So it can be tempting to wait and see, get on with our everyday lives, do a spot of recycling and put our heads back under the duvet. But the crisis we now face is just as urgent as a house fire on a massive scale. What we now know is that there is a very short space of time before global warming reaches a tipping point beyond which climate change is rapid, uncontrollable and irreversible in its consequences for all of us.

Time to freak out? Maybe, for a little while as we take in the seriousness of the situation. But then what? How can we move into action? Two things…

* Climate change is certainly an all-encompassing crisis that humanity has never faced before, ‘so we have no frame of reference from which to draw for ideas, strategies and just plain hope. And time is not on our side.’ (New Internationalist - Issue 419, p7)
* On spontaneity Marcia Karp says: ‘There may be three possible ways a person may react in meeting a novel situation: 1) no response; 2) a new response to an old situation; 3) a new or adequate response to a new situation. (Psychodrama since Moreno, 1994 Marcia Karp, p54)

We are facing a massive, unprecedented test of our spontaneity - and an incredible opportunity to unleash the creativity, commitment and spontaneity of everyone who has any power to take action. And that includes us. Ken Sprague’s famous big fish/little fish graphic holds a key - there still is great power in numbers if we work together. Building a political and social movement to combat the enormity of climate change will take the actions, hope and commitment of millions of people.

What part can psychodrama and sociodrama play in this, if any? There is a familiarity for us in moving into action, uncovering a seam of truth, facing fears and feelings - releasing creativity and new energy. We have powerful tools and skills to contribute to the global movement to combat climate chaos.

Tracking Back – remembering the deep connection

A question begins a workshop I have developed on exploring this issue. I ask people - ‘Can you remember a time when you felt really connected with the Earth?’

We can often remember times when we were much younger and maybe lay in some grass dreaming up at the sky, climbed favourite trees or swam in cool water on hot days. Perhaps we lived in the country and could easily roam in fields or woods, making dens and bridging streams. If we lived in the town or city perhaps, we found a straggling patch of grass, a disused railway or a local park to play in. As children we were probably more in touch with our physical and wild selves, with the chance to explore some kind of
natural surroundings wherever we lived.

A starting point for my own change with this happened during some recent time out, when I slowed down to become almost stationary in my life. Slowly I began to realise how connected I felt with Nature - and how distant from it I had actually been before - even though I love being outdoors in the countryside - and had been brought up in a village as a child. Suddenly in my new grown-up slowed-down state, I was standing among dripping leaves in a Cumbrian forest, feeling totally part of the natural landscape. Not since I was a child had I been so close. So, how could I have missed and avoided the depth of this relationship with the Earth for so long?

Often as we grow up - in western societies at least, we can easily lose the freer sense we experienced in childhood - become disconnected to a large degree from ‘nature’. Millions of us live in urban landscapes now. We are surrounded by straight lines, high buildings, sharp corners, hard pavements. The western industrialised lifestyle dominates. For others, the realities have been brutal – for those communities of people who have been forced from their lands for profit or power, the close connection with the land is broken by force.

One result is that we do not often feel, if at all, that we are actually part of this planet. Nature is frequently experienced as separate from ‘us’ as people. Nature may then be something we look at and admire when we go for a walk by a river, or something we struggle with as we pull up weeds or clear brambles. My own experience as an adult has mostly been the same. Ecopsychology however asserts that we are all part of the biosphere, just as surely as any other living thing. We are within it, not on it.

Exploring the Relationship

Ecopsychology looks at the relationship between ourselves as human beings and the Earth that we live as part of. We can easily be stuck in feelings of powerlessness, fear, anger, guilt, despair etc when we think about what’s already going on and what could happen in the future.

Joanna Macy offers five principles of empowerment in relation to ourselves and our natural environment – some of which are familiar to many of us: Feelings of pain for our world are natural and healthy; Pain is morbid only if denied; Information alone is not enough; Unblocking repressed feelings releases energy and clears the mind; Unblocking our pain for the world reconnects us with the larger web of life’. She says ‘There is wonder, even joy as we come home to our mutual belonging – and there is a new kind of power’. (Working Through Environmental Despair, Joanna Macy in ‘Ecopsychology’, 1995 Roszak, Gomez and Kanna, p252).

Psychodrama and sociodrama have great potential to help us reconnect and repair our relationship with the Earth - just as we can repair and renew bonds in our human to human relationships. When we can begin to see ourselves as part of it - not on it, but within it, we can protect our home, because it is part of us and everything.

Following my own experiences, I have become more involved in wider actions to address the issues of climate change. And I have plans to radically change my living situation to live more sustainably. One challenge for me has been to work out what I can best offer; to target my skills, energies and new commitment effectively and also try out new things – expanding my role repertoire if you like.

Most of all I have found a new sense that I will not now deny or give up on my relationship with my home, the Earth.

Margaret Bird
margaret.bird@phonecoop.coop

Margaret Bird is a psychodrama practitioner in the UK and will be facilitating a workshop at this year’s BPA Conference called ‘Welcome to Planet Reality: Waking up and Re-connecting with the Earth’.
I love hearing all the stories about her time in New York and training with Moreno, especially when she tells us that Dustin Hoffman and Woody Allen used to attend the open sessions in New York. Marcia also shares the ‘inside information’ that Woody Allen changed his name and was just starting out as a stand up comedian in the 60’s. The evening is interspersed with wonderful delights and stories about Moreno, Zerka, and psychodrama terms.

Marcia asks where people originate from and we hear Barbados, India, Canada, Toronto, Vancouver, Turkey, Jamaica and I’m reminded how multicultural London is. One participant wonders if it’s necessary to engage in the work and Marcia talks about ‘Spectator Carthasis’, whereby a person can gain much through other people doing the work.

People are now up on their feet sharing stories with each other about successful relationships and there is a genuine feeling of connection. Marcia has decided to ‘teach’ some techniques as she believes the health professionals would benefit and she knows a lot of audience members are from the health service. She decides to teach doubling and regales a story about learning how to double in New York with Moreno. “We had to double for hours”, she says. “I remember going out to buy a wedding dress and my double followed me”. The audience laugh at this. “I go into the dressing room to try on the dress, when on the other side of the curtain, my double says, ‘God! I need to lose weight’ and do you know, that is exactly what I was thinking.”

Marcia brings the group together and

(continues from page 2)

An Attempt to Formulate a Theory on Therapeutic Work with Traumatised Refugees

This is the first part of a two-part article by Christina Hagelthorn from Sweden. Christina works with refugees and in this first part she looks at the tele present in this relationship.

When I first read this article, I found it difficult to take in. It seemed that Christina had invested years of experience in the words and each paragraph was full of meaning.

We have made this article easier for the reader. We have published it in two parts in two issues of Tele, and we have added some drawings by Ken Sprague to offer an interlude … a pause along the way. (Richard Oliver)

In the beginning is the relationship.

The basic word I-You can only be spoken with the whole essence of a human being.

The inner concentration and merging together into a whole being can never take place through me and never without me.

I come into existence in relation to the You; in the moment I say You. All real life is encounter.

Martin Buber (1878 - 1965)

Man is born twice; at first as a biological being and then as a social one.

Nobody can predict the exact point in time for the birth of a human being; it can only be estimated. When the child is ready for the big change of coming out into existence, it will let itself be born. The power that dares to change, grow and develop can be called spontaneity.

The child is then born into a society; into a network of human relationships and practice. The long dependency of childhood shapes the human being that the child will become. Finally, this person or personality appears in its context but it is impossible to pin-point exactly when it happened.

In this coming into existence, the child receives and gives images of itself and others and lives in an ongoing process of communication. This communication is not only verbal and non-verbal; it is also intuitive. The child learns to interact with its surroundings at a level that is beyond words and gestures.

In order for two people to be able to participate in a common activity in a group setting there must be a balance, not only within each of them but also between them.
The distance is a necessary condition for closeness; without the distance, the persons would “drown” in one another. The distance both separates us and connects us.

Through activity, threads of affinity are woven between people. A cement is created that will keep societies, groups and families together. The affinity needs a space to develop. If the persons are too tightly glued together or too far away from each other, the affinity cannot be developed.

Within psychodramatic theory, there is an important concept called “tele”, from the Greek word for distance. I want to use the tele concept as a starting point for this search for a theory about our work with traumatised refugees.

Tele is not the same as empathy, which is a one-way emotion. Tele is a two-way communication of feelings and experiences and a mutual feeling of who the real people in the encounter are.

The Freudian concepts of transference and counter-transference are also mutual but they are a pathological variation of tele.

Tele exists in a relationship and arises in the encounter between two. It has to do with the capacity for empathy with the situation and perspectives of each other. The mutual feeling between one another — tele — is what holds relationships and groups/societies together. In the countries from which our refugees come, tele and the mutual feeling between one another have been torn to shreds. Therefore, these countries are in a state of falling apart.

Tele needs a catalyst to be activated. This catalyst could be spontaneity, that is the inner will to live, grow, learn. In many of the countries from which our refugees come, spontaneity is put aside or is being fought.

Mutual tele in the therapeutic relationship, when both the patient and the therapist see the other such as he or she is, with his story, his burdens, his joy and his pain, with both his strong and his weak sides, is a kind of love. Tele can be developed to appear like a sixth sense.

The time in which tele and spontaneity exist is in the moment. Therefore being present in the moment is an important quality in this therapeutic work.

In real tele, there must be dimension of reverence, friendship and some kind of love. Curiosity about and love for life and human beings go a long way.

Here we come closer to the concepts within NLP, Neuro Linguistic Programming. Virginia Satir, who is close to psychodrama, was one of the models for the development of NLP. Within NLP it is said that nobody lives directly in the reality; we all live in our image or map of it. When a person comes to his or her therapist with trouble, it often has to do with that person’s map, which doesn’t contain the solution to the problem. Whereas the solution can be found in the reality outside the map, if only the person can transcend his or her boundaries.

If friendship and human warmth arise between the therapist and the patient, the therapist can become the guide and the companion of the patient when he or she goes into unknown territory. The enormous power that lies hidden in every human being, the striving for reaching out and exchanging feelings, can be seen as positive energy.

Freud and the psychoanalysis talk about the ego. The core of the ego is the body. The founder of psychodrama, Moreno, prefers like the sociological schools, to talk about the self instead of the ego. The ego is in the body, whereas the self is interpersonal and transcends the body. The self doesn’t have its place of birth in the body but in the interpersonal, in the interaction. Accordingly, Moreno means that tele arises in the interpersonal relationship.
The concept of the self dates back to philosophy. Within social philosophy, the concepts started to be used particularly by the so-called Chicago school and George Herbert Mead.

The dividing line between the body and the self is very clear. The self, as opposed to the body, can be its own object. The parts of the body can easily be separated from the self. We can lose a part of the body without this being a serious threat to the self. Mead proposes that it is the ability of human beings to become an object to themselves that separates them from the animals. It is also a condition to be able to be intelligent and rational.

Mead says that a human being can become an object to himself only by looking at himself from outside, from the perspectives of others and within a social context. The communication between people is of great importance.

According to Moreno the place of the self, its locus, is spontaneity. When spontaneity is on a zero level, then so is the self. When spontaneity decreases, so does the self. And vice versa: when spontaneity increases, then the self grows as well. The self is like a river that emerges from spontaneity.

The structure of the self is for Moreno like a bunch of private and collective roles. The self reaches outside and beyond the individual, to the interpersonal area.

To reflect on one self, the way others see me, gives me an idea about who I am and how I am. In other words, it answers my question of identity.

When we have tele in the public space, we are open to all these different opinions and these various sociometric choices. We receive our identity, we become recognized through daring to stick our neck out, through standing out against the others, and it absolutely leads to reactions from others. With that we are back to the function of tele to create or give identity.

... to be continued in the next issue of Tele

Why have I chosen the drawings of Ken Sprague to accompany my article?

Many years ago I was invited to teach at Holwell and got to know Ken. His approach to his artistic work inspired me, with his emphasis on the social encounter. Later on, he became a member of my theatre company, ‘The Theatre of Spontaneity International’, and we were playmates for a few years.

After his death in 2004, I keep feeling that he is still around and the connection to him continues. As I understand it, a telic relationship exists even if one of the persons on his end of it happens to die.

Christina Hagelthorn
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References:
Jens Littorin: She Helps Young People off the Street. Article in Dagens Nyheter, March 18th 2008.

Credits: The drawings by Ken Sprague are from: www.kenspraguefund.org
The London Centre for Psychodrama Group and Individual Psychotherapy

Annual Open Training Weekend
Run jointly by Anna Chesner and Jinnie Jefferies, senior trainers

Theme: How understanding Role and Systemic Theory enhances the way we conduct our relationships and our therapeutic practice.

Dates:
Friday 19th – Sunday 21st June 2009
Times: Friday evening 7pm - 10pm,
Saturday 10am - 6pm, Sunday 10am - 4pm
Venue: 51, Tabernacle Street London EC2A 4AA - we will be pleased to welcome you at our regular training premises

This course is suitable for trainees and practitioners as well as qualified psychotherapists and counsellors from other traditions and those with an interest in role theory and relationships. Numbers are limited to a total of 18 and will be allocated on a first come first served basis.

Residential accommodation is available from approximately £40 per night in the local Hoxton area in easy walking distance.

Hours (17) can be used as external training hours where appropriate, and as CPD.

The cost of the weekend is £170 - places may be booked with a deposit of £90.

For information, contact:
Anna Chesner
E-mail: chesnera@aol.com
Tel: 0207 515 6342
or
Jinnie Jefferies
E-mail: jinjefferies@aol.com
Tel: 0208 948 5595

www.londoncentreforpsychodrama.org

Creative Approaches to Supervision
One-year diploma course 2009 – 2010
This one-year (120 hour) diploma level course is for psychotherapists, counsellors, arts and play therapists, coaches and others engaged in the supervision of practitioners from similar fields. The course is recognised by BADTh and accredited by BPA, organisational members of HPC and UKCP respectively.

Course Dates:
Special Module: Supervision of Supervision: 27/29 November 2009
Module Two: 29/31 January & 26/28 March 2010
Module Three: 30 April/3 May 2010
Submission Date for final paper: end of August 2010

Venue:
London Centre for Psychodrama Group and Individual Psychotherapy
51 Tabernacle Street, London EC2

Staff:
Anna Chesner MA, UKCP reg Psychotherapist, HPC reg Arts Therapist (D) specialist in Psychodrama & Group Analysis and Lia Zografou MA, HPC reg Arts Therapist (D), specialist in Gestalt in organisational consultancy. Both staff members are published authors in the field of supervision and related creative practice.

Course Model:
The course is based in psychodynamic and integrative principles, with a strong commitment to the creative process and the use of creative action methods in supervision. Both core staff members have contributed to ‘Passionate Supervision’, published by Jessica Kingsley in 2007.

Fees: £1,560, payable in instalments

Application: Applicants must have at least two years post-qualification experience, and should send a CV, letter of intent, passport sized photo, a £65 interview fee and names and contact details of two referees, one of whom should be a current supervisor, to:

Enquiries:
Anna Chesner, Institute of Action Methods
64 Manchester Rd London E14 3BE
E-mail: chesnera@aol.com
Tel: 020 7515 6342

www.londoncentreforpsychodrama.org
Northern School of Psychodrama
Calendar of Open Training Workshops 2009-2010

Psychodrama Training Spring Residential
Monday 11th – Friday 15th May 2009
In the Borders, Scotland with Jenny Biancardi and Sandra Grieve

Unravelling The Mysteries of Relationships: Mind the Gap!
Friday 5th – Sunday 7th June 2009
Manchester with Dr. Olivia Lousada

Psychodrama: Therapy of Relationships
Friday 9th – Sunday 11th October 2009
Glasgow with Marcia Karp

All the Inner World’s a Stage
Friday 13th – Sunday 15th November 2009
Manchester with Catherine Murray

Role Reversal: Self and Other
Friday 4th – Sunday 6th December 2009
Edinburgh with Sandra Grieve

Doubling: Empathy in Action!
Friday 5th – Sunday 7th February 2010
Newcastle with Jenny Biancardi

Looking into the Mirror from a Safe Distance
Friday 5th – Sunday 7th March 2010
Manchester with John Casson

When enough is enough!
Exploring our relationship with food and alcohol
Friday 16th – Sunday 18th April 2010
Manchester with Sandra Jay

Putting the Past in Front of You to Inform Your Future
Friday 11th – Sunday 13th June 2010
Glasgow with Suzie Taylor

Times for all weekends:
Friday 6pm-9pm; Saturday 10am-5pm & Sunday 10am-3pm

While therapeutic, these are training events constituting 15 hours training

Each weekend costs £145 if paid in full 1 month in advance or £125 if paid in full 3 months in advance. Deposit (non-refundable) of £50 secures a place.

Enquiries and applications to:
Dr. John Casson
62 Shaw Hall Bank Road,
Greenfield Oldham, Lancs, OL3 7LE
Tel: 01457 877161 (8am – 8pm)
E-mail: drjohncasson@gmail.com

Training Courses - our training is modular and consists of:
- Certificate in Action Methods Skills
- Intermediate Course in Creative Action Methods in Psychotherapy
- Advanced Diploma in Psychodrama Psychotherapy

The Northern School Model of Psychodrama is underpinned by the Person-Centred Approach

www.creativepsychotherapy.info
www.psychodramaNSP.co.uk
Oxford School of Psychodrama & Integrative Psychotherapy

Change of Name:
Oxford Psychodrama Group was formed in 1979 as a peer support group for people working in Oxford who were interested in psychodrama. Many years later, we have trained nearly 100 psychodrama psychotherapists. In 2007 Susie Taylor left to form the Birmingham Institute for Psychodrama. In 2008 we decided to change the name to the Oxford School of Psychodrama and Integrative Psychotherapy.

Calendar of Events 2009
Facilitated by Peter Haworth together with Nancy Piercy and Lisle Scott

‘Open weekends’ are open to all. Others are open to psychodrama trainees and those considering training in psychodrama.

Residential Training Workshop
at Fawley Court, Henley on Thames
Thursday 7th – Monday 11th May 2009
Course fee £450
This will be the last ever workshop at Fawley Court and we are expecting a maximum of 30 participants, some of who will be from the former Yugoslavian countries of Slovenia, Croatia, and Serbia. We particularly welcome trainees from other training organisations to this event. Run by Clark Baim, Peter Haworth, Nancy Piercy, Susie Taylor and Lidija Vasiljević, and introducing Gill Attwood

The Use of the Double
Saturday 13th – Sunday 14th June 2009 – open weekend
Course fee £120

Working with Fear and the Body in Psychodrama
Saturday 11th – Sunday 12th July 2009
Course fee £120

Cross-Cultural Training Workshop in Serbia
Thursday 10th – Sunday 13th September 2009
Course fee £80
The 8th Cross-Cultural Training Days in Psychodrama will be taking place in Serbia. Trainees and trainers from England, Serbia, Croatia, Israel, Slovenia, Macedonia and other countries will meet together to explore psychodrama across cultures. Trainees may have an opportunity to direct a psychodrama session and have their work processed by a trainer from another country.

Sociodrama
Saturday 10th - Sunday 11th October 2009 – open weekend
Course fee £140

Residential Training Workshop
Thursday 12th - Monday 16th November 2009
Course fee £485
This is a training workshop starting at 5 pm on Thursday and ending at 5pm on Monday. This will be our first residential at the Asha Centre in Micheldean in the Forest of Dean. Psychodrama trainees will be directing and having their work processed. There will be social events and brief seminar presentations in the evening. We particularly welcome trainees from other training organisations to this event.

Introduction to Psychodrama and Action Methods
Saturday 5th - Sunday 6th December 2009 – open weekend
Course fee £140
All workshops and groups except for residential and cross-cultural events will be held in the Complex Needs Service, Oxford Therapeutic Community Building in Manzil Way off Cowley Road in Oxford.

Diploma Course
The Oxford School runs a full training programme in psychodrama psychotherapy. Peter Haworth and either Nancy Piercy or Lisle Scott will interview potential candidates.

Bookings Contact:
Peter Haworth
Oxford School of Psychodrama & Integrative Psychotherapy
8 Rahere Road, Oxford, OX4 3QG
Tel: 0779 872 5545
E-mail: peter@ospip.co.uk
www.ospip.co.uk

(Cont’d from page 8)
during the course of the evening finds 2 protagonists who work in vignettes. Meanwhile, audience members volunteer to play auxiliary roles and make doubling statements. It works, and we are all committed to the protagonists succeeding in their new outcomes.

The last statement made by the protagonist is: “I feel like coming home, it’s such a relief”. This sums up the evening for me and hope we continue to find the energy, support and love of psychodrama to keep getting it out there.

Future Dates:
Fridays 29th May, 31st July and Saturday 11th July (full day)

Maxine Daniels
maxine@phoenixpsychodrama.com
MPV/SAM
Sociodrama and Action Methods Training
The MPV/SAM School run a series of 6 weekends, primarily intended for their students, which are in addition to the residential summer school. Trainees from other schools may apply to join one of these weekends.

Breathing Life into Deadly Training Sessions
Saturday 3rd – Sunday 4th October 2009

The Short Scene which Packs a Punch
Saturday 21st – Sunday 22nd November 2009

Who am I? Who are you? The Roles we inhabit
Saturday 23rd – Sunday 24th January 2010

What place do I occupy? How can we influence change?
Saturday 20th – Sunday 21st March 2010

Sociodrama Undressed – Stripping Down to the Basics
Saturday 8th – Sunday 9th May 2010

Related Techniques – Forum Theatre, Living Newspaper, Playback
Saturday 10th – Sunday 11th July 2010

Each weekend counts as 14 hours training for CPD

Venue: Manchester YHA

Cost:
£160 Organisation
£125 Self-Funded
£110 Concessions

Calendar of Events 2009
The Birmingham Institute offers a variety of weekend workshops, a Certificate course, and a Diploma Course. The course leaders are Susie Taylor and Clark Baim

Training weekends are open to diploma or certificate trainees from any psychodrama school and people who are in related professions

** Open Weekend ** – Relationships and Sexuality
Saturday 6th – Sunday 7th June 2009
With Susie Taylor and Clark Baim

Trainee Weekend – Working One-to-One
Saturday 1st – Sunday 2nd August 2009
With Susie Taylor and Clark Baim

** Open Weekend ** – Psychodrama and Its Uses in Coaching, Leadership and Organisational Development
Saturday 3rd – Sunday 4th October 2009
Facilitated by Atieno Fisher (USA) an experienced corporate consultant

Contacts:
Ron Wiener, Tel: 0113 266 7722
E-mail: ronald.wiener@ntlworld.com
or
Di Adderley, Tel: 0161 798 6044
E-mail: diane@adderley.demon.co.uk

www.mpv-sam.com
The London Centre for Psychodrama (Greece) with Endelehia Greece

Therapeutic Triad Residential Workshop by the sea in Greece in 2009
With Anna Chesner, Senior Trainer

Monday 31st August – Friday 4th September 2009

This year the London Centre for Psychodrama Group and Individual Psychotherapy offers a new location and theme for its annual residential workshop in Greece. The ‘Therapeutic Triad Week’, run by Anna Chesner, will combine psychodrama, dramatherapy and group analysis as therapeutic tools.

There will be an opportunity to spend the afternoons resting or on the beach, whilst the working sessions take place in the morning and evening. Evening meals will be taken together in a village taverna. The group size may be up to 12 participants.

The setting is Afytos, a famous traditional village in Halkidiki. Accommodation is in air-conditioned self-contained flats, with fridge and balcony or garden access.

This workshop provides an opportunity for personal work, to gain external or CPD hours (50 hours), as well as to learn more about these three therapeutic methods and group process.

Arrivals may be from 1pm on Monday 31st August for a 4pm start. The course ends on the evening of Friday 4th September with departures from Saturday, or choose to extend your visit to Greece.

Course Fee: £480 - with a non-refundable deposit of £150. Pay a supplement if you wish to have a flat to yourself.

For further details contact:
Anna Chesner in UK:
E-mail: chesnera@aol.com
Tel: 020 7515 6342

Nellie Visantiadou in Greece:
E-mail: nellibyzantiadou@gmail.com
Tel: 00 30 2310 209777 or 00 30 6934 509311

www.londoncentreforpsychodrama.org

MPV/SAM Sociodrama & Action Methods Training present three Summer Schools in 2009:

Two August Summer Schools:
1. ‘Playback Theatre’ with Di Adderley
2. ‘Drama and Ageing’ with Ron Wiener

Dates: These two schools run at almost the same time:
1. Monday 10th – Friday 14th August 2009
2. 2pm Tuesday 11th to 4pm Saturday 15th August 2009

Venue for both summer schools: Northern College, near Barnsley

One September Summer School:
‘Action Methods and Sociodrama with Di and Ron’

Dates: 2pm Friday 4th to lunchtime Monday 7th September 2009

Venue: Luther King House, Manchester

Costs: The cost for each summer school is the same, whichever one you choose:
£395 Organisation
£335 Self-Funded
£295 Concessions

Contacts:
Ron Wiener
Tel: 0113 266 7722
E-mail: ronald.wiener@ntlworld.com
or
Di Adderley
Tel: 0161 798 6044
E-mail: diane@adderley.demon.co.uk

www.mpv-sam.com

Our fish logo is the work of Ken Sprague
Phoenix Psychodrama

We are Maxine Daniels and John Murphy

Introductory Certificate Course in Psychodrama

Dates: Over two weekends – 9th & 10th May 2009 plus 13th & 14th June 2009
Times: 10am to 6pm
Venue: Lancaster Hall Hotel, 35 Craven Terrace, London W2 3EL
Fee: £495 with a non-refundable deposit of £150
The course represents 30 CPD hours

Monthly Psychodrama Therapy Group

Dates: The fourth Sunday of every month
Times: 10am to 4pm
Venue: Lancaster Hall Hotel, 35 Craven Terrace, London W2 3EL
Fee: £50

Themed Psychodrama Days
‘Losing someone close to you’
June 2009: Dates and times to be announced
7 Hours CPD
1 Day Course - £95

‘Families - we can’t escape them’
December 2009: Dates and times to be announced
7 Hours CPD
1 day course - £95

Bookings:
Call: 0776 596 8361 to join
E-mail: team@phoenixpsychodrama.com
www.phoenixpsychodrama.com

Psychodrama Groups with Marcia Karp in London

Would you like to join a psychodrama therapy group?

These take place in Brentford, West London: trains run regularly from Waterloo station, and tubes run nearby on the Piccadilly line

The weekly group meets weekly on a Tuesday evening
Time: 7pm – 9pm
Participants commit to a minimum of 12 sessions
Cost: £45

The Saturday group will meet from June on a Saturday afternoon
Time: 1pm – 5pm
Cost: £65

The groups are small. We deal with issues as they come up. Participants report that their life after therapy has more meaning, more focus and more zest.

No prior experience of psychodrama is required. Psychodrama trainees may also participate

All enquiries to:
Marcia Karp
Tel: 0208 560 1460
E-mail: mkarp11444@aol.com
www.marciakarp.org

Workshops & Groups facilitated by Sandy Jay

One-Day Workshop in Exeter
‘Confidence and Empowerment: in the workplace and/or at home’

Why not join us to explore and learn how your confidence has been shaped
Sandy Jay with accredited team coach Dee Wilkinson

Date: Friday 15th May
Times: 9.30am – 4.30pm
Price: £99
Bookings: contact Sandy (below)

Residential Psychodrama Weekend in Devon
Sandy Jay with group support worker Nielsen Leahy

Dates: Friday 25th September – Sunday 27th September 2009
Times: Friday 4.30pm - 7.30pm; Saturday 9.15 - 5.00pm; Sunday 9.15 - 3.00pm

Venue: The weekend is held at Grangehurst House, set in the beautiful and tranquil surroundings of Buckfast Abbey in Devon. With full disabled access and facilities. This weekend will count towards psychodrama training/CPD.

Price: £235 includes all meals, accommodation and evening entertainment, plus drumming – there is a £100 non-refundable deposit.

For more information please contact Sandy:
Tel: 01626 821400
Email: sandy@decisivechange.co.uk
North West Psychodrama Association Peer Supervision Group

Kate Kirk has found the NW peer group useful and gives some details of their programme

Our aims are:
The overall aim for the NWPA Peer Supervision Group is to create a space that is regular and timed, in which psychodrama practitioners and senior trainees can receive peer supervision and continued professional development.

Our specific objectives are:
* To receive peer psychodrama group supervision which complements the practitioner’s other supervision arrangements.
* To support final year students and first year practitioners through the transition from student to practitioner. Also to support practitioners who may work in multi-disciplinary teams or isolated from other psychodramatists.
* To offer a programme of facilitated seminars through the year, on a variety of subjects. For example: key concepts related to Morenian theory, exploring context specific psychodrama and sociodrama experiences, implementing theory into practice, etc.
* To support research and writing about psychodrama and sociodrama, whether for academic assignments or for publication.
* To provide occasional public events that aim to promote the visibility of psychodrama and a sociodrama.
* That all this takes place in a respectful, supportive, creative and fun environment.

The group meets on the second Monday of the every other month. It runs from 10.15am to 15.45pm at the CAMHS premises in Seymour Street, Liverpool (just behind Lime Street Station).

Our Calendar 2009-2010
Monday May 11th 2009
Monday July 13th 2009 – Seminar: Dramatising children’s stories
Monday September 14th 2009
Friday November 6th 2009 – Public event: Moving Towards health: the use of creative therapies on different settings – check for the venue
Monday November 9th 2009
Monday January 11th 2010
Monday March 8th 2010

Interested? Call:
Carl Dutton - 0151 709 6126/07919113904
E-mail: carl.dutton@alderhey.nhs.uk
Kate Kirk - 01624 673505
E-mail: kate.kirk@manx.net

Submitted by Kate Kirk

Monthly Psychotherapy Group
facilitated by Sandy Jay

The group is the only one of its kind in the South West. Many members have travelled from as far away as Gloucestershire and Cornwall.

The group takes place one Saturday each month from 1.30 - 5.30pm.
Cost: £45 per session - minimum commitment of 10 sessions.
Venue: Ashburton, South Devon.

Sandy Jay is a psychodrama trainer and psychotherapist. She has over 20 years of working with groups and individuals. Sandy currently has her own private practice in Devon. For details see her website:

www.decisivechange.co.uk

Family Myths Workshop in France
‘Who Am I Anyway? - Exploring Family Myths and Legends in Action’
A weekend for personal growth, restoration, and discovery with Chip Chimera and Mario Cossa

Friday evening 27th through Sunday afternoon 29th November, 2009
At the Chateau de Bambecq - in lovely, northern France - the medieval town of St. Omer is about 10 km away and the popular seaside town of Le Touquet is just over an hour by car

See the website of the chateau for pictures:
www.bambecq.wordpress.com

Join us for a residential weekend at our exclusive Chateau, set amidst 15 acres of park, woodland and lake. In this historic and comfortable setting we will explore the ways that our families of origin have developed myths and legends to explain our personal realities and establish our identities.

This weekend may count as 20 training hours for trainee psychodramatists and as CPD for UKCP and registrants.

Cost for weekend: £300, including meals and lodging. There are shared accommodations, and some single rooms available at a supplement of £30. £100 non-refundable deposit.

Early booking reductions available up to 30th June.

Bookings contact:
E-mail: chipchimera@btinternet.com
Tel: 07711-731138
The Manchester Theatre of Spontaneity
The Northern School of Psychodrama in collaboration with the University of Manchester Department of Applied Theatre presents:

An experiential, open session, using spontaneous drama to explore life, the world and everything. This is a learning opportunity to experience the creative action methods of psychodrama, sociodrama and allied applied theatre techniques: the application of drama to everyday life.

Monthly on Tuesdays from 6.30pm to 8.30pm
Tuesday 26th May 2009
Tuesday 23rd June 2009 and likely to be continued in future months

Venue: The Martin Harris Centre, University of Manchester, off Oxford Road

Run by a team of psychodrama/ sociodrama practitioners:

Di Adderley  Vicki Atkinson
John Casson  Jan Costa
Zoli Figusch  Graham Prior
Vanessa Queening

Tickets available on the door for £10 (£5 concessions)

To reserve a ticket please ring box office at:
The John Thaw Studio Theatre, The Martin Harris Centre on (0161) 275 8951 or buy tickets online at www.quaytickets.com with more information and directions from www.manchester.ac.uk/martinharriscentre

Bodywork Training Workshop in Cornwall
Many readers will be familiar with Susan Aaron’s workshops and Susan is offering a further workshop during 2009.

Psychodramatic Bodywork (reg trademark) combines two forms of psychotherapy: psychodrama and bodywork. For those who are curious to learn, Susan offers introductory level workshops.

Introductory Level Workshop (three full days)
Saturday 17th – Monday 19th October 2009

The course starts at 9am on Saturday 17th October and finishes at approximately 4:30pm on Monday 19th October. The fee for the course is £220 for bookings received and paid for by October 1st and £240 for bookings received after that date.

Venue: Boswedden House, St. Just, Cornwall, TR19 7NJ

Situated on the Land’s End Peninsula in the far west of Cornwall, the house is 10 minutes walk from the sea at Priest’s Cove. It looks out over fields and National Trust land to the sea. The South West Coast Path and mile upon mile of stunning scenery is even nearer. In spring the hedges and pastures are filled with wild flowers. St. Just, the most westerly town in mainland Britain, is just under a mile to the east.

Boswedden House is 9 miles from Penzance our nearest railway station. There is parking on site

Directions will be provided and

Psychodrama Group Weekend in Greece facilitated by Sandy Jay
‘The Group as the Mirror to the Self’

Venue: ‘Endelehia’ Centre, Egnatia Street 119, Thessaloniki, Greece.
Date: Saturday 18th - Sunday 19th July 2009
Times: 9.30am - 4.30pm
Price: 150 Euros

This workshop will count as 14 hours towards psychodrama training.

You are also welcome to attend the Group Process Theory day after the experiential workshop. This will give an insight into the processes at work.

Date: Monday 20th July 2009
Time: 9.30 - 4.30pm
Price: 100 Euros

This day will count as 7 hours towards training.

For more information about this workshop, email Neli, the organiser: nelibyzantiadou@gmail.com

details & pictures are available on the website:

www.boswedden.org.uk

Bookings:
Telephone: Thelma Griffiths 01736 788733
E-mail: relax@boswedden.org.uk (Boswedden House)

Susan Aaron is the creator of Psychodramatic Bodywork (reg trademark), a Canadian certified director of psychodrama, a registered massage therapist and Reiki Master. For 20 years Susan’s training and workshops have transformed people from Canada, the US and Europe

www.youremotions.com
To learn or renew your playback skills, these are some of the many playback theatre trainings and events that are happening in the UK and around Europe in 2009.

**Russia: European Playback Theatre Gathering in Crimea**

‘Playback Theatre on the Black Sea’
Thursday 27th – Saturday 30th August 2009
There will be quite a number of workshops with different teachers: Jozsef Paradi, Tjitske Muller, Thomas Mertens, Veronica Needa, Cymbeline Buhler, Markus Huehn, Aviva Apel-Rosenthal, Fra Zeller, Karin Gisler, META Playback Theatre (Italy) and Synne Platander.

For more details and registration, see:
www.playbacktheatre.ru (site in English)

**UK: School of Playback Theatre**

www.playbackschooluk.org

The Interplay of Psychodrama & Playback Theatre:
A celebration of creativity and therapeutic depth
with Anna Chesner & Veronica Needa
Friday 31st July to Tuesday 4th August 2009 (Fri 11am to Tue 5pm)
Cost: £590
5 days (4 nights) residential at Braziers Park, Ipsden, Wallingford, Oxfordshire
Residential hours for Psychodrama trainees & experience of Psychodrama for Playbackers
Contact: Veronica Needa  +44 207 221 2694
ukplaybackschool@gmail.com

**UK: School of Playback Theatre**

www.playbackschooluk.org

Core Training in Playback Theatre with Veronica Needa
Friday 2nd – Monday 5th October 2009 (Fri 11am to Mon 4pm)
Cost: £495
4 days (3 nights) residential at Braziers Park, Ipsden, Wallingford, Oxfordshire
Contact: Veronica Needa  +44 207 221 2694
ukplaybackschool@gmail.com

**UK: The Centre for Playback Theatre (NY, USA)**

in association with The School of Playback Theatre (UK) &
Mirror Mirror Playback Theatre presents
‘Encounters at the Crossroads’
with Jonathan Fox
Sunday 25th – Saturday 31st October 2009 in Plymouth, England
For application requests and enquiries, please write directly to:
Centre for Playback Theatre at playbackcentre@hvi.net

**Sweden: Skandinavisk Playbackteater Studio**

Playback for Organisational Consultants with Tim Van Ness
Thursday 7th – Friday 8th May 2009 Residential, outside of Stockholm, Sweden
Language: English
Contact: Synne Platander  +46 (0)73 987 56 72
synne.platander@chello.se

**Sweden: Skandinavisk Playbackteater Studio**

The Articulate Body with Hannah Fox
Thursday 25th – Sunday 28th June 2009 in Stockholm, Sweden

To find out where you can go and watch playback locally, check:
www.playbacktheatre.co.uk
- look at ‘Calendar’ for info on performances/workshops
- look at ‘News’ for info on new groups in formation near your area

To join the International Playback Theatre Network or be put on the e-list for info on playback theatre, contact the member of IPTN-Board & IPTN-Secretary Western Europe: Juergen Schoo
E-mail: schoo@gmx.li Tel. +49 (0)30 23367105
or
IPTN-Secretary United Kingdom: Veronica Needa
E-mail: vneeda@gmail.com Tel. +44 (0) 207 221 2694

Collected by Veronica Needa
Marcia Karp remembers her initial psychodrama training with Zerka Moreno. Here is one of her memories, just as she recalled it.

Yes, dogs know everything. I have great faith in that. My dog went through training with me at Beacon. JL didn’t know about it for two years. He didn’t like dogs too much so we didn’t tell him.

One session, Zerka was directing a suicidal girl. She instructed her to go up on stage and be dead for as long as she wanted. We would be witnesses. We were told to remain still. The lights were pale blue. After what seemed an interminable time, ten minutes or so, my dog, Samantha, got up from under my chair, walked slowly up on stage, licked the woman on the cheek and came back and sat under my chair.

The girl burst out crying and said she wanted to come back to being alive. The tenderness she felt in the lick was what she wanted for years. The dog did it for all of us. So touching.

Marcia Karp
Mkarp11444@aol.com

Residential Workshop in Oxfordshire

The Interplay of Psychodrama & Playback Theatre
- a celebration of creativity and therapeutic depth
with Anna Chesner & Veronica Needa

Dates: Friday 31st July to Tuesday 4th August 2009
5 days (4 nights) residential (Friday 11am to Tuesday 5pm)

Venue: Braziers Park, Ipsden, Wallingford, Oxfordshire, OX10 6AN
- www.braziers.org.uk for a description and photos of this charming house & gardens

This 5-day residential provides an opportunity for playbackers to have a deep experience of psychodrama for personal work and to enrich our practice of playback theatre. For psychodrama trainees, this residential will be an excellent training opportunity to experience both modalities of therapeutic action. We will have sessions each day of both methods, with evenings of processing, and discussions of theoretical & ethical considerations.

Prerequisite:
This workshop is for psychodramatists and psychodrama trainees, with or without playback experience AND for playbackers with or without psychodrama experience. Playbackers must have had some foundation training in playback theatre or at least 6 months experience with an active playback group.

The workshop counts as residential hours for BPA purposes (50 hours) and counts as psychodrama hours towards the School of Playback Theatre requirements for leadership training (50 hours).

About the Venue:
Braziers Park is situated within the Chiltern Hills, in an Area of Outstanding Natural Beauty, on the edge of the village of Ipsden and close to the town of Wallingford. To the north lies Oxford and to the south, Reading. The main house is a listed Grade II building set in 50 acres of land, with an organic kitchen garden and orchard.

Cost: £590 (inclusive of all meals, accommodation and training)

Contact: Veronica Needa
E-mail: info@playbackschooluk.org
Tel: 020 7221 2694
www.playbackschooluk.org

The Dog enters the Scene

Marcia Karp
Mkarp11444@aol.com

Announcement from the Treasurer

For those of you with expenses, your expense claims must be submitted to me within three months of their occurrence or by December 31st whichever is the earlier, otherwise they will not be paid.

Sheila Foxgold
BPA Treasurer
sheilafoxgold@totalserve.co.uk
Book Announcement

‘Enter Pursued by a Bear –
the Unknown Plays of
Shakespeare-Neville’
by John Casson

This book reveals the results of groundbreaking research into Shakespeare’s early work, building on Brenda James’ revelation of the identity of the real author behind the pseudonym “William Shakespeare”. Whilst this may startle you, this is a genuine, well-researched discovery. For centuries there have been doubts that the man from Stratford wrote the plays but this “Authorship Question” has never been satisfactorily answered and had fallen into disrepute because the candidates suggested (Marlowe, Bacon, Oxford and others) were just not credible.

Then in 2005 a book was published revealing that Henry Neville was the man behind the mask. This has now been followed by another book detailing how the discovery was made. The books are:

James, Brenda & Rubinstein W D (2005)
‘Henry Neville and the Shakespeare Code, Bognor Regis, Music for Strings’.

You may listen to a radio interview with Dr John Casson about Brenda’s work as follows:

www.canstream.co.uk/allfm
select Category ‘Art Beat’
select podcast ‘040109’ and it’s the first five minutes

Dr John Casson has built on this research and made extraordinary discoveries revealing:

Neville’s first nom-de-plume (before he used the name ‘Shakespeare’)
Shakespeare-Neville’s first published poem: The Phaeton sonnet
Shakespeare-Neville’s first comedy: Mucedorus
Shakespeare-Neville’s first tragedies: Locrine and Arden of Faversham
Shakespeare-Neville’s first Falstaff: ten years before the Henry IV plays.

John also explores Thomas of Woodstock and A Yorkshire Tragedy, revealing the connections between them and Henry Neville’s life and letters. He reclaims the lost play Cardenio in the surviving text of Double Falshood, showing that this is a genuine work by Shakespeare-Neville and Fletcher.

After 400 years, we can now see Shakespeare-Neville’s artistic development before his early known works.

“Having read a deal of “Enter Pursued by a Bear” I consider it to be a work of first class research and scholarship, full of fascinating indicators all pointing away from the orthodox belief. Neville emerges as an original and attractive contender, his known life and experience seemingly echoed in the canon. I hope it’s a great success.” (Sir Derek Jacobi)

The book can be ordered from:

www.musicforstrings.com

The book is featured on the home page and may be purchased online at £14.99
Our Code of Ethics

We have published the first part of the BPA Ethics for Practice (2008) as a reminder of our guidelines ... with further parts in future issues. The full document is available on the BPA website: www.psychodrama.org.uk

1.1. Registrants should at all times be mindful of the integrity and welfare of the people they work with and take all reasonable steps to ensure that their welfare is protected. This means registrants need to:

- ensure all their work is grounded in humanistic principles, which acknowledge the integrity and value of all people
- be aware of the potential impact of oppression (e.g. associated with gender, ethnicity, sexuality, disability or age) and power within interpersonal interactions between client and registrant
- take responsibility for exploring and challenging internalised prejudices that may affect the way they practice
- challenge, where appropriate, prejudices and/or discrimination by peers (e.g. as trainees) or practitioners (e.g. within supervision)
- Ensure they work in an impartial and respectful way whatever role they hold (therapist, trainer or supervisor)
- Seek informed consent at every stage of their work, particularly should conditions or terms vary
- Ensure they do not in any way intimidate or exploit those they work with (e.g. financially, sexually, physically or emotionally)
- Engage with appropriate education, training and professional development opportunities at all stages of their career (from the point of registration as a trainee up to and including achieving senior trainer status).

1.1.2. Registrants must not misrepresent themselves. Specifically:

- Once entered on the training register, psychodrama trainees can use the title Trainee Psychodramatist or Trainee Psychodrama Psychotherapist. Similarly sociodrama trainees can use the title Sociodrama Trainee or Trainee Sociodramatist.
- Only registered practitioners may use the title Psychodramatist/Psychodrama Psychotherapist or Sociodramatist.
- Only those who have completed appropriate assessed additional training and are accredited by the BPA can use the term Psychodrama or Sociodrama Trainer

A member of the Association found using titles other than in accordance with the above guidance would have contravened the Code of Practice.

1.2. Registrants must ensure that the BPA is not brought into disrepute.

1.3. Any advertisement by a registrant should present a clear unambiguous statement of services they offer.

1.4. All registrants must ensure that they have adequate Professional Indemnity Insurance.

1.5. Registrants have the responsibility to acknowledge research and where appropriate initiate, assist or participate in extending professional knowledge and understanding.

1.6. Qualified registrants must undertake continuing professional development to meet registration requirements and to maintain good practice.

1.7. Registrants should be aware of professional boundaries (e.g. with regard to sexual conduct) and ensure appropriate boundaries are maintained at all times (e.g. a supervisor should not enter into sexual relationship with those they supervise).

1.8. Registrants need to ensure they do not use their professional work primarily to satisfy their own emotional needs.

1.9. Registrants must recognise the limits of their professional/personal boundaries and seek assistance if their boundaries are in danger of being breached.

1.10. Registrants should not practice if their mental or physical ill health is liable to have a detrimental effect on their clients. This includes the misuse of substances that may be detrimental to professional practice.

1.11. Registrants concerned that a colleague’s conduct breaches the professional standard expected of a registrant should bring it to the attention of the Chair of the PCC.

1.12. Registrants accept that they may be required to counsel and support another registrant against whom a complaint has been made to the PCC (refer to complaints procedure).

1.13. Registrants should be aware of, and comply with, Data Protection legislation.
1.14. Anyone who wishes to pursue a complaint against a registrant must do so using the BPA complaints procedure.

1.15. Registrants understand the Professional Conduct Committee (PCC) is empowered to undertake an inquiry following a complaint being made about them (details of the conduct and possible outcome of any inquiry are documented in the complaints procedure).

1.16. Registrants who are training or supervising registrants accept that they will be required to deal with alleged breaches of the Code if the occasion arises. They will ensure they do so in a sensitive and respectful manner.


The BPA web site:-
www.psychodrama.org.uk

The website is being given a new design – log on and see the new site

Contributions: please provide text in Microsoft Word format and images in jpeg or gif format. Text is best provided without features (underline/italic) and a good font to use is Verdana.

Updates are welcome throughout the year and will be posted as and when time and space permit. The website is managed by:

Gordon Parrott
gparrott@gotadsl.co.uk

The British Journal of Psychodrama and Sociodrama

This is published twice a year: Spring/Summer and Autumn/Winter issues.

Contributions are accepted throughout the year as 3 copies on A4 paper with double spacing. Contributions are peer-reviewed and then published (if accepted) in the next immediate journal.

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BPA Professional Conduct Committee

As part of maintaining ethical standards within our practice, the Professional Conduct Committee watches how the code of ethics is applied in practice. In the event that you need to contact the committee, the appropriate contact is the Chair as follows:

Alyson Coupe, Chair of PCC
119 Murdock Road, Birmingham
B21 9JR
Tel: 0121 507 0595 or 0771 373 7083

The code of ethics for practitioners is the ‘Ethics for Practice Document 2008’ and this is displayed on the BPA website. Though labelled as ‘Draft, it is a comprehensive code of practice and is the correct code for members to adhere to.

This committee continues to handle complaints against practitioners (if they arise) and they advise any practitioner who has received a complaint, is in any doubt on ethical practice, or wishes to discuss professional practice.

Alyson Coupe

BPA Membership Rates from January 2009

Subscriptions have not increased from 2008 rates

Basic membership of the BPA: £50

Scale of fees:
Trainee: £50 (£100 in total)
Practitioner: £65 (£115 in total)
Trainer: £90 (£140 in total)

Additional fees for postage to overseas members:
Europe: £5
Rest of the World: £10

Payment Methods for membership and conference fees:
In the UK: we ask for cheques made payable to ‘BPA’
From abroad: we accept sterling drafts

Membership is administered by:
James Scanlan
The Administrator
Flat 1/1
105 Hyndland Road
Glasgow G12 9JD
Tel/Fax: 0141 339 0141
E-mail: james@bpad.co.uk
Preferential rates on insurance for members of the BPA

As a member of the British Psychodrama Association you’re now entitled to discounted rates on Professional Liability insurance from Towergate Professional Risks.

Professional Liability insurance protects you in the event of legal action against you as a result of your work. It would pay for any damages awarded against you, and the legal costs for defending the claim, including access to a specialist solicitor where required.

The policy is underwritten by AXA – an established insurer with many years’ experience of protecting therapy practitioners. Premiums start from £93.14* for £1m cover. Or if you’re a trainee member of BPA you can get £1m cover, for just £70.00*. This gives you the same level of cover as a qualified practitioner but at a discounted rate.

For a quotation, or to find out more, contact Towergate today

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Or visit www.towergateprofessionalrisks.co.uk

*This is an indicative premium based on a sole practitioner with a turnover below £50,000. Trainee members must be studying towards a recognised qualification in Psychodrama

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Text: as a file attachment or as part of the text in your e-mail
Images: as a file attachment.

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